



Universal Attendance and building access 2022

Universal attendance has risen over the year as we slowly came out of the pandemic.

850 children 0-5 years (48% of population) accessed services through the Children's Centre.

This is an increase of 462 children or 54% on 2021.

Footfall –**6,122** pairs of feet belonging to the public have used the Children's Centre Building.

The Military sites 1,118 and in Uppingham 935 pairs of feet have accessed services.

Best Start For Life

Safeguarding babies from harm:



Safer Sleeping

- Safer sleeping messages delivered face to face in courses 82 parents and 78 babies
- There were 63 children under 5 supported by an Early Help or Social worker in 2022. Of these children 41 or 65% of these accessed Children's Centre services.
- Facebook posts about safer sleeping reached 769 people

<u>ICON</u>

- •71 parents have received ICON information through the children's centre, benefitting 73 babies.
- Facebook posts about ICON have reached 214 people
- •77% of Early Help and Social Workers have attended ICON training. More have since accessed the ICON information through LLR training. All have received the 7 minute briefing.

Paediatric First Aid



- 77 parents have received a paediatric first aid workshop (1 hr long). Benefitting 73 babies and children.
- Paediatric first aid courses 17 parents have completed first aid courses over the year, benefitting
 17 children.

"...Whilst I knew that taking the course would be excellent knowledge to have with a 21-month-old toddler X, the events that transpired last week led to my learnings from this course being invaluable.

Last Tuesday, My son had a slight fever and temperature that got worse throughout the day, and by the late afternoon this unfortunately resulted in him having a seizure, something he had never had before, and was taken to hospital in an ambulance. Though it was the most frightening and shocking thing I have ever experienced, everything I learnt in the course was at the forefront of my mind and I automatically knew what to do to help my son in that situation, by stripping his clothes, calling 999 and cooling his body down with fresh air. This helped bring him out of the seizure gradually. X had experienced a febrile seizure, something relatively common and leaving him with no long-term side effects.

... I genuinely believe that I would have panicked in this situation had I not been equipped with the knowledge she passed on to me..."



Keeping Children Safe - 0-11 years

Face to face in the Children's Centre

Fire service visits – 35 children attended, parents were given advice and children were met uniformed firemen and women and looked around the engine inside and out.

Online offer

The Children's Centre website:

safeguarding information 27 visits

physical safety 35 visits

online safety **74 visits**

Facebook:

Physical safety -reached 1,750 people, 90 engagements

Early Identification Of Need For Additional Support

HV clinics – over 100 HV clinics took place with 506 children brought and seen.

Section 23- The Local authority received notifications from Health services to inform them that there is a child who may have an additional need/s. 17 children were referred in this way in 2022. All 17 children and their families received support from the Children's Centre and Early Years Inclusion service through home visits or telephone calls.



Speech communication and language support

Parents and Children

- ❖SALT clinic- 7 children
- ❖One to one support with Speech, communication & language as focus (WITB) 6 children
- **Early Years courses** where the focus is all speech and language **112 children**
- ❖SALT drop-in to our Early Years Sessions giving advice- 23 children
- **♦• SALT led courses for parents 9 children** benefitted

Professionals

- ❖SALT led courses for professionals 9 professionals attended
- **♦•SALT advice for professionals** facilitated through the CC team (3 sessions so far) **4 settings** have attended discussion **8** anonymous **children**



Parental Mental Health & Attachment

- **Baby Massage** 83 parents and **99 children** benefitted from supported attachment and mental health due completing a baby massage course.
- •The Social Baby- 71 parents were given information about the importance of their own mental health and self-care. Benefitting 73 babies and children.

Website

Perinatal mental health- 48 visits

Adults' mental health - 25 visits

Children and Young People's Mental Health – **85 visits**

Facebook

Adults- reached 207 people, 2 engagements

Young people – reached 178 people, 27 engagements





Weaning & Breastfeeding

Childrens Centre website

Breastfeeding advice and support from Breast feeding support Rutland- **94 visits**

Facebook

Weaning reached 308 people, 7 engagements

All parents signposted to the Health for Under 5's website.

